The Association for Child and Adolescent Mental Health

Coronavirus, and helping children with autism - Episode 4 'Autism, a parents guide' with Dr. Ann Ozsivadjian and Dr. Marianna Murin

https://www.acamh.org/podcasts/cornavirusautism-a-parents-guide/

In light of the current coronavirus pandemic this is a special edition about helping children with autism during this time of great upheaval. In this edition of 'Autism, a parents guide' Dr. Ann Ozsivadjian is joined by special guest Dr. Marianna Murin, and interviewed by freelance journalist Jo Carlowe.

Ann and Marianna discuss issues that may arise for autistic children including the disruption of closing schools, anxiety and obsessive behaviours. They focus on practical tips like how to help manage anxiety, maintain structure and support and explain the situation to young people. Additionally, tips on how to keep well as a parent and reliable sources for coronavirus updates.

We are delighted to that this podcast series for parents is supported by the Autism Diagnostic Practice at <u>Clinical Partners</u>. Working nationwide with only the most experienced consultants, Clinical Partners ensures you get the best ASD diagnosis and help tailored specifically to your child, as fast as possible. <u>Discover more.</u>

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